



## Radial trigger shock wave therapy

# Don't accept your pain!

*Patients who suffer from long-term joint pain or migraine, tinnitus, etc. sometimes think it pointless to hope for an improvement to their symptoms when drug treatment has failed. But, as physiotherapist Jürgen Meier (Rösrath - Kleinen) knows, this does not have to be the case.*

**"F** or many of these

patients, radial trigger shock wave therapy can produce decisive successes. It can be used to resolve 'trigger points' – small, harmful collections of waste products in the muscles

which result in an impaired blood supply. The patient feels an immediate improvement in the treated area and after a few sessions even chronic symptoms can disappear completely," explains Jürgen Meier.

According to Jürgen Meier, "We use a special device which allows us to reach trigger points even in deep muscle layers. In this type of shock wave therapy, the device generates a pneumatic shock wave which is directed into the body via an applicator. Vibrating impulses are transferred to tense, contracted or overstretched muscles and tendons, relaxing them and stimulating blood supply."

### Radial trigger shock wave therapy can, for example, be used to treat ...

- acute and chronic soft tissue pain in the musculoskeletal system
- arthrotic problems
- fibromyalgia
- tinnitus
- migraine
- cervical spine problems
- tennis elbow
- frozen shoulder
- heel spur

### The range of applications is wide

The advantage of radial trigger shock wave therapy is that it can be used in a wide range of conditions. . It can be used to treat both patients suffering from pain around the temporomandibular joint and patients diagnosed with arthrosis in the major joints (hip, knee).

*By Doris Große-Frintrop*

### Further information

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*Treatment using a Storz Medical shock wave device (radial shock wave therapy with D-Actor technology).*

*Jürgen Meier: "It is very important to me and my staff that we are open to new treatment methods. Educational events help us to keep up with the latest developments and thus to be able to continue to offer our patients assistance and advice when new treatments come along."*

